

# SUSTAINABILITY CORNER

## COST AND ENVIRONMENTAL SAVING TIPS

### UPGRADE YOUR LIGHTING

Upgrading your lighting to LED lighting uses less energy, lasts longer and produces less heat compared to incandescent bulbs, offering an average savings of \$225 per year per lightbulb.



### MANAGE YOUR STOVE

Only have a burner running when a pan is on it. The average cost of using one gas burner on full throttle is \$25 per hour. Multiply that by the number of hours they are on in a day/week/month/year.

### CONTROL YOUR THERMOSTAT

Try adjusting the air conditioner – each degree set above 72 can save you up to 3% on your cooling costs.



### SWITCH TO MORE EFFICIENT EQUIPMENT

Switch to Energy Star-certified equipment. An Energy Star-certified dishwasher, for example, uses up to 40% less energy per cycle compared to other models. And don't forget to look for state, local and utility rebates and incentives.



### SORT YOUR WASTE

Replace your full-size garbage dumpster with smaller bins, one for garbage and one for compost. Compost pickup is typically 30-40% less than trash removal.



*Presented by the  
American Culinary  
Federation Education  
Foundation*