FOR IMMEDIATE RELEASE:

November 19, 2008

AMERICAN CULINARY FEDERATION PRESS RELEASE

CONTACT: Leah Spellman
Public Relations Specialist
American Culinary Federation
(800) 624-9458, ext. 113
lspellman@acfchefs.net

November 19, 2008

ST. AUGUSTINE, Fla., November 19, 2008—For many, the holidays can be overwhelming. With responsibilities to shop, entertain and work, many families can hardly find the time to cook the perfect meal. Known as the “authority on cooking in America,” the American Culinary Federation (ACF) has more than 22,000 members in 230 chapters across the United States, and can help ease your culinary woes.

Straight from their professional kitchens to your home, ACF chefs are now available for radio and print interviews, as well as TV cooking demonstrations. Our certified chefs will share their cooking tips and holiday recipes for the at-home cook.

Topics to consider discussing with ACF chefs:

- How to put a new spin on a traditional Thanksgiving Day dish
- A chef’s favorite holiday recipe
- Tasty treats for the whole family
- How to eat healthy during the holidays
- How to prepare the perfect turkey or ham
- Easy ways to let your children help cook in the kitchen
- How to create hors d’oeuvres that will impress your guests
- Plating food: why presentation is everything
- Food and wine—the perfect pair
- How to prepare a meal for more than 20 guests

ACF chefs represent all areas of the food industry. They are restaurant and business owners, caterers, educators at top culinary schools, pastry chefs, and executive chefs at restaurants, hotels and country clubs.

To find an ACF chapter and professional chef near you, visit www.acfchefs.org/Source/Membership/Chapter.cfm. Interviews are available by contacting Leah Spellman at (800) 624-9458, ext. 113, or lspellman@acfchefs.net.

-more-
About the American Culinary Federation

The American Culinary Federation, Inc., established in 1929, is the premier professional organization for culinarians in North America. With more than 22,000 members spanning 230 chapters nationwide, ACF is the culinary leader in offering educational resources, training, apprenticeship and accreditation. In addition, ACF operates the most comprehensive certification program for chefs in the United States. ACF is home to ACF Culinary Team USA, the official representative for the United States in major international culinary competitions. For more information, visit www.acfchefs.org.

# # #

TO ARRANGE AN INTERVIEW WITH A CHEF NEAR YOU, CONTACT LEAH SPELLMAN AT LSPELLMAN@ACFCHEFS.NET OR CALL (800) 624-9458, EXT. 113.